

ORIENTATION PROGRAM ON RESPIRATOR TRAINING AND FIT TESTING

Purpose of the Orientation Program

The orientation program introduces basic principles and solicits the participation of employees in ensuring proper selection, fitting, and testing of respirators.

Contents

The orientation program will cover the following points:

1. Purpose of the fit test and the importance of fitting a respirator properly.
2. Importance of the test subject's cooperation.
3. The value of a test atmosphere for the qualitative fit test.
4. Description of the test atmosphere and procedure for identifying it.
5. Importance of selecting a properly fitted respirator.
6. Instruction on proper procedures for:
 - ❑ Selecting an appropriate type of respirator;
 - ❑ Donning the respirator;
 - ❑ Conducting a positive and/or negative pressure check;
 - ❑ Adjusting head straps or harness for comfort;
 - ❑ Avoiding leakage from a respirator that is too loose or too tight;
 - ❑ Wearing other personal protective equipment (PPE) during fit testing;
 - ❑ Minimizing obstruction to vision and restriction in movement;
 - ❑ Determining the test's ability to detect a low concentration of the test medium.
7. Importance of test exercises and procedures for performing them.