

**SSP SPECIFIC HAZARD ATTACHMENT: INSECT BITES AND STINGS**

<b>Potential Sources</b>	<b>Signs, Symptoms and Potential Health Effects</b>	<b>Controls</b>	<b>Medical Response</b>
Bees	<u>For allergic person</u> Swollen throat Breathing difficulty Noisy breathing Sudden pain Severe itching, hives, acute redness, swelling Reduced consciousness, shock	<ul style="list-style-type: none"> <li>• Recon area prior to work to identify nests and habitats of insects that may bite or sting</li> <li>• Identify hazard areas and place on SSP map</li> <li>• Provide insect repellent</li> <li>• Encourage long sleeves and pants, if practical</li> <li>• Conduct tick and bite inspection during breaks and prior to departing site</li> <li>• Identify persons with insect allergies and restrict them where necessary</li> <li>• Obtain emergency insect bite kits</li> </ul>	Wash wound with soap and water Request medical assistance for allergic persons Remove stinger without pinching or squeezing Use cold pack (with pad between skin and pack) to reduce swelling Keep wounded area below heart to slow spread of venom Do not administer aspirin or alcohol
Black Widow Spider	Systemic poison Flu-like symptoms Severe abdominal pain Rigidity, muscle pain, cramping Chest tightness, breathing difficulty Pain in soles of feet Alternating dry and salivating mouth Nausea, vomiting Profuse sweating or swollen eyelids		Wash wound with soap and water Request medical assistance in addressing symptoms Use cold pack (with pad between skin and pack) to reduce swelling
Brown Recluse	Severe redness Red circle around bite Bites takes several months to heal		Wash wound with soap and water Request medical assistance for allergic persons Remove stinger without pinching or squeezing Use cold pack (with pad between skin and pack) to reduce swelling
Ticks	Flu-like symptoms Fever Rash, joint pain, headaches		Wash wound with soap and water Request medical assistance for allergic persons Remove tick with oil, alcohol, or heated tweezers Use tweezers to remove imbedded head If fever, rash, unusual markings develop around bite, contact physician
<b>Distributed by:</b>		<b>Date/time briefed:</b>	